



TRAINING OPPORTUNITY

Hosted by the Area Agency on Aging District 7

“Sensitivity to Aging”

Presenter: Carissia Houser, MSW, LSW

This training strives to make us aware of the special needs of the aging population, and the myths and stereotypes that are often associated with aging. Aging is a normal process and as we age, there are normal aging-related changes that develop from a psychosocial as well as physical perspective. It is the goal of “Sensitivity to Aging” to discuss these normal aging processes and how they affect the older adult. It is also the goal to make us aware of the impact of aging-related physical changes and how they affect the individual’s ability to meet their everyday needs so that we, as professionals, can develop an understanding and empathetic approach as we help our aging client population meet these needs.

November 5, 2025

9:00 am – 12:30 pm

IN-PERSON - Area Agency on Aging District 7 Jackson Office
1 Acy Avenue, Jackson, OH

Cost: \$50 • CEU Information Included on Back Page

To register, please follow these instructions:

1) Email bbuchanan@aaa7.org or call 1-800-582-7277, ext. 22252

2) Two options to pay:

- **PayPal – once you register, we will send you the link to pay.**
- **Mail Check - Area Agency on Aging District 7,
1 Acy Avenue, Jackson, OH 45640**

Deadline to register is October 31st

Please see back page for more information about this training including course objectives, speaker bio and CEU information.

Sensitivity to Aging

Course Objectives

At the conclusion of this workshop participants will be able to:

- Describe common attitudes and stereotypes about aging.
- Summarize demographics about the aging population.
- Describe social characteristics of older adults.
- Explain the impact of generational experiences on values and attitudes.
- Identify normal aging-related changes in older adults.
- Describe how aging-related sensory losses, decreased joint mobility, and decreased fatty tissues could affect an older person's feelings and functions.
- Discuss the impact of aging-related physical changes on the ability of older adults to do routine tasks.

More About the Presenter

Carissia "Cari" Houser, MSW, LSW

Cari has been with the Area Agency on Aging District 7 (AAA7) since 2016. While at the Agency, she has worked as a Care Manager for the Ohio Home Care Waiver and Consumer-Directed PASSPORT, served as a PASSPORT Team Leader and Assessor, and is now the Care Management Training and Data Coordinator. Cari received her BSW from the University of Rio Grande in 2010 and received her MSW with concentration in Community Organization and Social Administration from West Virginia University in 2018. Prior to working at the AAA7, Cari worked for the Ohio Department of Corrections as a trainer, social worker and victim advocate. Cari has also worked at Help Me Grow in Jackson County, Southern Ohio Behavioral Health in Ironton, Ohio, Adena Health System, and the University of Rio Grande as an Adjunct Instructor.

CEU Information – Approved by the National Association of Social Workers (NASW) Ohio Chapter for three (3) hours of CEUs for social workers – 333350-021025.

The Ohio Board of Nursing accepts social work hours for RN CEUs. NASW is recognized as a Continuing Education Approver for social work CEUs by the OCSWMFT Board. If you are audited, provide the above number.

This number does not match the format for other provider's numbers because NASW is a continuing education approver rather than a provider.

The Area Agency on Aging District 7, Inc., does not discriminate on the basis of race, color, sex, religion, national origin or disability. If you need special accommodations due to a disability, please let us know.