Change?? Who, When, What, Why, Where!! Assisting Elders and Their Families Through Life's Passages

Paula M. Taliaferro, MGS, LSW

The longer people live, the more likely they are to experience major changes in their living situation, family, friends, activities, and health. Through research, we know that these transitions can at times be very difficult and even life threatening. Even when these changes are desired or perceived as positive, they can provoke anxiety and complicate family relationships. This workshop looks at common transitions in the later years of life and suggests strategies to assist elders and their families to minimize disruptions and maintain constructive relationships.

July 30, 2025

9:00 am - 12:15 pm • Virtual Training

Cost \$50 ● CEU Information Included on Back Page

To register, please follow these instructions:

- 1) Email bbuchanan@aaa7.org or call 1-800-582-7277, ext. 222522) Two options to pay:
 - PayPal once you register, we will send you the link to pay.
 - Mail Check Area Agency on Aging District 7,
 1 Acy Avenue, Jackson, OH 45640

Deadline to register is July 25th.

IMPORTANT - You must send in your payment promptly by July 25th to receive further instructions on how to access the webinar. Once your payment is received, we will e-mail you the information for the webinar training. We will not send instructions until payment is received. Certificate of Completion will be e-mailed after the training is complete.
ALSO NOTE - Internet connection is the participant's responsibility – make sure you have a strong internet connection and test everything before the webinar begins.

Please see back page for more information about this training including course objectives, speaker bio and CEU information.

Course Objectives

At the conclusion of this "Change" workshop, participants will be able to:

- Describe the process of managing change and apply these to the dynamics of common transitions in late life.
- Identify the challenges in some specific and common transitions: relocation, becoming widowed, loss of driving, job/daily structure changes, cognitive/health impairments, and death/loss of peers.
- Provide specific and practical strategies for either lessoning the impact of the changes or managing their progression so that the person's quality of life is maintained at the highest degree possible.

More About the Speaker - Paula Taliaferro, MSG, LSW

Paula works part time at the Central Ohio Area Agency on Aging as an Outreach & Education Specialist. As such, she has presented over 900 workshops in the last decade. Paula holds a Master's Degree in Gerontology from Scripps Gerontology Center at Miami University and a License in Social Work in the State of Ohio. She is a PAC Approved Trainer under Teepa Snow's Positive Approach Certification. She is developer of the "Aging in Ohio" course which is required of many professionals who work with older adults. In addition, she is one two developers of the "Fundamentals of Guardianship" course sponsored by the Ohio Supreme Court's Judicial College and an Affiliated Trainer with the National Task Group on Intellectual Disabilities and Dementia Practices.

<u>CEU Information</u> – Approved for CEUs through the National Association of Social Workers (NASW) Ohio Chapter for three (3) hours of CEUs for social workers - **333350-032625**.

The Ohio Board of Nursing accepts social work hours for RN CEUs. NASW is recognized as a Continuing Education Approver for social work CEUs by the OCSWMFT Board. If you are audited, provide the above number. This number does not match the format for other provider's numbers because NASW is a continuing education approver rather than a provider.

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