

Area Agency on Aging District 7, Inc.  
**SENIOR FARMERS' MARKET NUTRITION PROGRAM (SFMNP)**  
**2023 FARMER FACT SHEET**

**What is SFMNP?** This USDA and State of Ohio program provides low-income older adults (age 60+) with coupons to purchase eligible, locally grown produce at farmers' markets, roadside stands or farm stands.

**How do I become a participating farmer?**

- 1) Be an individual who grows and sells authorized items at a farmers' market, roadside stand or farm stand.
- 2) Enter into a written agreement with an AAA (Area Agency on Aging).
- 3) Complete the mandatory training.
- 4) Follow and comply with the required guidelines and responsibilities (see Farmer Manual).

**How does it work?**

- 1) Qualified individuals receive ten (10) \$5 coupons per program year (May 1-October 31) to purchase eligible products.
- 2) Farmer displays sign (provided by AAA) showing they are eligible to accept coupons.
- 3) Farmer accepts coupons during authorized time frame, signs or stamps the back of each coupon, and submits the coupons with an invoice (provided by AAA) for reimbursement.

**ELIGIBLE VEGETABLES**

Asparagus	Mushrooms
Beans	Okra
Beets	Onions
Broccoli	Parsnips
Brussel Sprouts	Peas
Cabbage	Peppers
Carrots	Potatoes
Cauliflower	Rhubarb
Celery	Rutabagas
Corn	Spinach
Cucumbers	Squash
Eggplant	Tomatoes
Greens (all)	Turnips
Kale	Zucchini
Kohlrabi	
Leeks	
Lettuce	

**HONEY**

(comb, cut comb-liquid, naturally-crystallized, Kosher/wild honey, unflavored honey sticks)

**ELIGIBLE FRUITS**

Apples
Apricots
Berries (all)
Cherries
Grapes
Melons (all)
Pears
Peaches
Plums
Pumpkins (non-decorative)

**ELIGIBLE HERBS (must be fresh, cut)**

Basil	Marjoram
Chives	Mint
Cilantro	Oregano
Dill	Parsley
Garlic	Rosemary
Horseradish	Sage
Lovage	

*Contact 1-800-343-8112 for additional information or questions*