

**take an hour,
save a life**

QPR: Question, Persuade, Refer

**a free community suicide
awareness/prevention training**

Much like the well-known CPR, the fundamentals of QPR are easily learned and applied through a short training that the Area Agency on Aging District 7 (AAA7) is offering virtually. Teachers, coaches, local clergy, police officers, and any community individual can learn the QPR method to help recognize signs and clues of suicidal behavior, how to approach and communicate with a suicidal person, and where to refer them for assistance.

**September 5th
10:00 am - 12 Noon
Virtual Presentation**

**To register:
1-800-582-7277, ext. 22252
info@aaa7.org**

