

TOP THREE

SEPTEMBER 2024

Area Agency on Aging District 7 (AAA7)



Welcome to our September 2024 news e-blast - sharing our "Top Three" focus items for this month. As always, reach out to us with any questions and follow us on our social media platforms!



Art Show Kick-Off Event September 23rd - Walk with Us!

Our 42nd Annual Senior Citizens Art Exhibit will open on September 23rd at Bristol Village in Waverly. This year, we are kicking off the event with a special walk to mark Falls Prevention Awareness Week! Join us on Monday, September 23rd from 11:00 am until 1:00 pm at the Bristol Village Glenn Activity Center's inside walking track. All participants will receive a free pedometer and have the opportunity to be one of the first to see the featured art.

Art will be on display at the Glenn Activity Center from September 23rd through October 18th. For more information, call 1-800-582-7277 or email info@aaa7.org



Fall-Free Fridays is Back Starting September 27th

The AAA7 and Shawnee State University (SSU) Occupational Therapy Program are once again joining together to provide falls prevention education to the community through a Facebook livestream series, "Fall-Free Fridays", starting on September 27th. This award-winning initiative will feature SSU graduate students who will prepare presentations and provide education on a falls-related topic and information about falls, risk factors, and helpful prevention tips. Recently, the initiative received national recognition through an Aging Achievement Award presented by the AAA7's national association, USAging. Fall-Free Fridays will be featured throughout the Fall season on Fridays at 10:00 am. Stay tuned to the AAA7's Facebook page for more details about the schedule and topics.



Updated Website

The AAA7 welcomes you to visit our new and improved website at www.aaa7.org. Our website serves as an important part of the process in educating others about services we provide and even offers an opportunity to make a referral to our Resource Center for a follow-up. Some of the special features of our new and improved website include: "Make a Referral" for a quick and easy way to alert us to an individual who would like to learn more; convenient "quick tiles" for frequently asked questions; "Happening Now" section that shares important news and updates; and "Search for Services" to help visitors learn more about services available in their community. Learn more by visiting www.aaa7.org.

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