



A Grandparents Newsletter

will be mailed separately



Upcoming Wellness Programs

Chronic Pain Self-Management in GALLIA COUNTY

*Thursdays from June 13th - July 25th • 9:00 am - 11:30 am
Bossard Memorial Library, Gallipolis*

Chronic Pain Self-Management in ROSS COUNTY

*Tuesdays from July 2nd - August 6th • 1:30 pm - 4:00 pm
Hopeton Terrace, Chillicothe*

Diabetes Empowerment in LAWRENCE COUNTY

*Thursdays from July 11th - August 15th • 10:00 am - 12 Noon
Proctor's Landing, Proctorville*

Falls Management in JACKSON/VINTON COUNTY

*Mondays and Wednesdays from August 5th - August 28th • 9:30 am - 11:30 am
Wellston Church of the Nazarene, Wellston*

Chronic Disease Self-Management in SCIOTO COUNTY

*Fridays from August 23rd - September 27th • 10:00 am - 12:30 pm
Lucasville Library, Lucasville*

Tools for Caregivers in GALLIA COUNTY

*Tuesdays from September 3rd - October 8th • 10:00 am - 12 Noon
Arbors, Gallipolis*

Tools for Caregivers in JACKSON COUNTY

*Tuesdays from September 3rd - October 8th • 1:00 pm - 3:00 pm
Edgewood Manor, Wellston*

Falls Management in ADAMS COUNTY

*Tuesdays and Thursdays from September 10th - October 3rd • 9:30 am - 11:30 am
Adams County Senior Center, West Union*

Classes are free, but pre-registration is required. Call 1-800-582-7277 to register or to learn more information.

Sometimes, hospitalization provides a chance to re-think the care plan for the person with AD. If the level of dementia has increased as a result of the hospitalization, you will have to know what additional resources you need or other housing options you should consider. Answer True or False to the questions below.

1. *A person with AD may need help with some basic activities that go on in the hospital.*
T F
2. *Because a person with AD may not understand what is happening to them, they may become aggressive and uncooperative in the hospital.* T F
3. *There is not much you can do to help reduce the stress the person with dementia is feeling during a hospital stay.* T F
4. *The person with AD becomes upset when their normal daily routine is disrupted—the patient is expected to adjust to the schedule of the hospital.* T F
5. *As the caregiver, you know best how to calm and communicate with them and can help the hospital staff understand their reactions.* T F
6. *People with dementia are never hospitalized in the psychiatric ward of a hospital because their behavioral symptoms are getting worse.* T F
7. *A hospital must release patients in a safe manner or else must keep them in the hospital.* T F
8. *Guard rails on the bed may sometimes be helpful supports when getting in and out of bed, but may also add to the risk of falls if the person attempts to climb over them.*
T F
9. *A person with AD may misinterpret what is being done to them in the hospital and feel attacked or threatened.* T F
10. *It is less upsetting to the patient to arrange a room in the quietest place on the floor.*
T F

KEY: 1. T 2. T 3. F 4. T 5. T 6. F 7. T 8. T 9. T 10. T