The Area Agency on Aging District 7, Inc. (AAA7), supports independence, choice and dignity through a number of home and community-based services in the ten counties we serve in Ohio. (Adams, Brown, Gallia, Highland, Jackson, Lawrence, Pike, Ross, Scioto and Vinton).

The table below helps identify programs and services that enable older adults to live in their homes and communities.

If you or someone you know could benefit from the services provided through the AAA7, call us! We can offer an in-home assessment at no cost to determine what programs are available to best serve their needs.

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Who’s it For? What it Does</th>
<th>Basic Services and Benefits</th>
<th>Eligibility Requirements</th>
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<tr>
<td>Long-Term Care Consultation</td>
<td>A no-cost, customized, in-home consultation that helps individuals and families understand how to meet current or future long-term care needs.</td>
<td>• Information about long-term care options, programs and services that help seniors maintain their independence.</td>
<td>• No age or income requirements.</td>
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<tr>
<td>Resource Center</td>
<td>Assistance and options counseling for those who wish to learn more about the services and programs provided through the AAA7 and the regional 10-county service network.</td>
<td>• Information, Referral and Assistance • Options Counseling • Eligibility Determination • Transition Support</td>
<td>• No age or income requirements.</td>
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<tr>
<td>PASSPORT</td>
<td>Ohio’s alternative to nursing home care. Helps low-income, disabled older adults remain safe and independent at home.</td>
<td>• Care Management • Emergency Response • Homemaking • Home Modification • Meals/Nutrition • Medical Equipment • Personal Care • Transportation</td>
<td>• 60 or Older • Individual Needs Assistance with Personal Activities (Such as Bathing, Driving, Preparing Meals, etc.) • Medicaid-Waiver Eligible</td>
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<tr>
<td>Assisted Living Waiver</td>
<td>Provides care for Medicaid-eligible adults in approved assisted living facilities. An alternative for those needing more care, but not at a nursing home level of care.</td>
<td>• Private Room/Bath • 24-Hour On-Site Response • Meals, Personal Care and Homemaking • Care Management and Social Activities</td>
<td>• 21 or Older • Medicaid-Waiver Eligible • Requires Same Level of Assistance as PASSPORT</td>
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| Ombudsman                            | Advocates for long-term care consumers, including residents of nursing homes, assisted living facilities, group homes, as well as clients receiving in-home or community-based care services. | • Complaint Investigation Regarding Client Rights Violations, Poor Care and Services, Etc.  
• Advocacy Services  
• General Information and Education  
• Transition Coordination Services                                                                                                                                                                                          | • Individual Who Lives in a Long-Term Care Facility in the AAA7's 10-County Service Area.  
• Consumer of In-Home or Community-Based Care and Living in the AAA7's 10-County Service Area.  
• No Age or Income Requirements.                                                                                                                                     |
| Transition Coordination              | Provides assistance to nursing home residents who wish to return either to a home or apartment of their own, or the home of a family member or friend. Services are made possible through the Ohio Home Choice Program. | • Transition Coordinator assigned to assist the individual with finding an appropriate residence and ensure that services are in place to support the individual on the return home.  
• Financial assistance for rent, utility deposits, furnishings and supplies.                                                                                                                                                        | | • Medicaid-eligible.  
• Resident of a nursing facility for at least 90 days.                                                                                                                                                                                                                                         |
| Care Coordination                    | Program for those age 60 and older to receive in-home services such as personal care, home-delivered meals, and care management to assist in remaining independent at home. | • Personal Care  
• Home-Delivered Meals  
• Care Management to Coordinate In-Home Services                                                                                                                                                                                                                                                | | • 60 or Older  
• Must Reside in the AAA7’s 10-County Service Area  
• Must Need Assistance with Personal Activities Such As Bathing, Dressing, Preparing Meals and/or Walking.  
There may be a cost share for this program depending on income. The sliding fee scale is based upon established federal guidelines.                                                                                          |
| Caregiver Support                    | Provides information and assistance to family caregivers to better understand how their caregiving role is impacting their lives.  
Assists caregivers in finding resources and services to help decrease the physical and emotional stress in their caregiving role in order to take better care of themselves and their loved ones. | • Assessment to Determine What Services and Resources Will Assist the Caregiver.  
• Information, Assistance and Training to Help Educate Caregivers About Caring for Themselves and Their Loved Ones.  
• Purchasing Supplemental Supplies to Complement the Family Caregiving.  
• Respite Assistance to Provide the Caregiver with Temporary Relief from Their Day-to Day Caregiving Responsibilities.  
• Answers/Counseling to Provide Support to Family Caregivers in Solving Everyday Issues Related to Caregiving.                                                                 | | • Any Family Caregiver May Receive the Following Services at No Cost:  
- Assessment  
- Information  
- Assistance  
- Training  
- Answers/Counseling  
• Eligibility for Respite and Supplemental Services are Determined at the Time of the Assessment.                                                                                                                                   |
| Older Americans Act Services         | Federal program mandated by the Older Americans Act of 1965 for those age 60 and over to receive home and community-based services. | • Medical Transportation  
• Adult Day Services  
• Legal Assistance  
• Congregate Meals  
• Home-Delivered Meals  
• Personal Care  
• Homemaking (Services Vary By County)                                                                                                                                                                                                 | | • Age 60 or Older  
• Medicaid-eligible.  
• Resident of a nursing facility for at least 90 days.  
| Health and Wellness Programs         | Adults and caregivers can share experiences and learn day-to-day strategies to improve personal health, manage a chronic illness, save money on health care costs, and improve relationships with healthcare providers. | Chronic Disease Self-Management - Learn how to maintain health and manage chronic conditions such as diabetes, high blood pressure, heart disease, arthritis, depression, lung conditions and more.  
A Matter of Balance - Teaches practical strategies to reduce the fear of falling and increase activity levels.                                                                 | | • Adults of Any Age  
• Classes are Free of Charge                                                                                     |